

EMERGENCY ACTION PLAN

Scottish Water National Youth Triathlon Championships

Bellahouston Leisure Centre and Bellahouston Park, Glasgow, 18^h June 2016

INTRODUCTION

Emergency situations may arise at any time during athletic events. In order to facilitate appropriate, effective, and timely care this emergency action plan will be followed in the case of an emergency.

The plan will be available to view on the Fusion Triathlon Club website, available in printed format at the race site on race day and pre-circulated to all volunteers prior to race day. In addition, the volunteer information will contain a summary of how to obtain medical/ first aid help and actions to be taken in an emergency.

COMPONENTS OF THE EMERGENCY ACTION PLAN

- I. Medical Emergency
- II. Emergency Communication
- III. Emergency Equipment
- IV. Adverse Weather
- V. Follow up

I. Medical Emergency

A. Medical Team on Site

The Main Medical tent is located at the Finish line. This will be manned by a doctor and two first aiders. A further two first aiders will be positioned on the bike/run course.

B. Roles of the Medical Team

1. Acute care of the athlete

First aid will be initiated according to the specific skills of the trained personnel present. The first aid staff will be the initial responder, and the doctor will be called if needed. All injuries treated will be documented as per TS adverse incident form.

2. Care of spectators

Although not the primary role of the medical team, they may be able to offer first aid and advice to spectators and the general public present in the park.

3. Serious or life threatening emergency

Any person involved with the race should dial 999 or 112 if they feel a situation is serious and the individual requires hospitalisation or the injury is life threatening.

II. Emergency Communication/ Contacting the Medical Team

The race doctor will carry a race radio. The mobile phone number of the race doctor will be

circulated to all section leaders. In the event that you require the race medical team you should contact your section leader or any other marshal with a radio. If you require to call 999 or 112 use your own mobile phone or any other available mobile including that of spectators.

Protocol for Emergency Medical Assistance

1. Contact on-site medical team via race radio/mobile phone.
2. Provide the following information to the medical team:
 - a. Athlete name, race number, and location of emergency
 - b. Number of athletes involved
 - c. Status of the athlete(s)

III. Emergency Equipment

Emergency equipment will be up-to-date, in working order, and appropriate for the level of care that is to be provided.

First aid equipment will be provided by First Aid providers. It will be readily available for use on the day of the race.

The race doctor will coordinate the care and availability of their own personal medical equipment according to their experience and training.

Emergency packs consisting of gloves, dressings, foil blanket and a copy of the TS adverse incident form will be distributed to key marshals on the bike and run courses.

IV. Adverse Weather

A. Race Delay/ Conversion/ Cancellation

1. The start of the event will be delayed up to 1 hour if any of the following weather conditions exist: Tornado Watch, Thunderstorm/Lightening, Heavy Rain, Snow, Other weather condition likely to improve within a period of 1 hour.
2. This event will be converted to an aquathlon (swim/ run) format in the event that it is unsafe to cycle. The event will be converted to a duathlon (bike/ run) format in the event that the swimming pool is unusable. This may arise because of poor water quality, unsafe water temperature, lack of access to pool, lack of life guard cover etc. These conditions will be advised by the Pool Manager or Deputy employed by Glasgow Life and their advice will be regarded as final with regard to pool access.
3. The race will be cancelled in the event that it is deemed unsafe to operate an aquathlon or a duathlon format of race.

B. Authority to Cancel/Delay Race

1. The Race Director has the authority to cancel or delay this event or convert it to another format. The Race Director will seek the advice of the race doctor, TS Technical Officials and Management Committee of Fusion Triathlon Club, including the Welfare Officer if present, before a decision is made.
2. TS Technical Officials also have the authority to cancel or modify the race if they feel it cannot be conducted in a safe fashion. (BTF Rule 6.1)
3. If adverse weather conditions or lack of pool access force cancellation of the event, no refunds will be provided. Race day mementoes and goodie bags will be distributed.

V. Follow up

The race doctor will:

- A. Document action taken and discharge status of athlete as per TS adverse incident form.
- B. Evaluate effectiveness of this action plan and propose future changes if necessary
- C. Provide debriefing and feedback to personnel as needed